



Fondazione Mondo Respiro  
Centro Studi per le malattie respiratorie - Onlus

**ESRM**   
European Seminars in  
Respiratory Medicine

**update**  
**2017**

## Inhalation therapy in the next decade: determinants of adherence to treatment in asthma and COPD

TAORMINA, 3<sup>RD</sup> - 4<sup>TH</sup> MARCH 2017

Endorsed by



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## Rationale

The European Seminars in Respiratory Medicine represented an outstanding series of scientific event, endorsed by the **European Respiratory Society**, in the ninties up to the early beginning of this century. The aim is to take a new life to this event with contents facing the advances in respiratory medicine with a multidisciplinary approach, offering a unique occasion for specialists in Respiratory Medicine involved in Basic and Clinical Research to discuss the most topical and debated subjects at a top level forum guided by an expert panel of authors.

The seminar will face the hot topic of inhalation therapy with an effective multidisciplinary approach aimed to evaluate, with particular regard, the determinants of *adherence to treatment, representing a critical issue in the management of chronic airway diseases*. In asthma and COPD the adherence to treatment, representing a pivotal aspect in long term care, is usually poor, also according to the Italian Ministry of Health reports. Therefore the assessment of the causes of this negative behavior and a correct approach to try to solve this open problem represent a very important issue in the long term management of these chronic diseases.

The Seminars are organized twice a year and attendance is strictly limited to 100. Selection of participants is based, in order of priority, on scientific curriculum, age (younger specialists are privileged), and early receipt of application form. To each topics is reserved a full day for presentation and discussion: the first half of the day is devoted to a series of presentations by an expert panel of researchers and clinicians, with adequate space for debate. Communication between speakers and audience is based on a interactive model. The second half of the day the most controversial issues are discussed in Interactive Round Table sessions.

When needed the option of "Meet the expert" seminars for small groups to discuss topical subjects in more depth with interactive tutorial will be available. Open workshops on the topic of the day and based on original contributions submitted by the participants before the scientific event are planned at the end of the day.

Chairman

*Claudio F. Donner*

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### Invited Faculty

**Chairman:** Claudio F. Donner (Borgomanero - NO, Italy)

Sandro Amaducci (Milano, Italy)  
Nicolino Ambrosino (Volterra - PI, Italy)  
Gianfranco Maria Beghi (Casorate Primo - PV, Italy)  
Mauro Carone (Cassano Murge - BA, Italy)  
Mario Cazzola (Roma, Italy)  
Bartolome Celli (Boston, USA)  
Giorgio Colombo (Pavia, Italy)  
Nunzio Crimi (Catania, Italy)  
Giuseppe U. Di Maria (Catania, Italy)  
Stefano Gasparini (Ancona, Italy)  
Carlo Gulotta (Torino, Italy)  
Federico Lavorini (Firenze, Italy)

Pier Luigi Paggiaro (Pisa, Italy)  
Franco Pasqua (Nemi - RM, Italy)  
Massimo Pistolesi (Firenze, Italy)  
David Price (Singapore, Singapore)  
Andrea Rossi (Verona, Italy)  
Antonio Spanevello (Varese, Italy)  
Nicola Scichilone (Palermo, Italy)  
Roberto Torchio (Orbassano - TO, Italy)  
Giovanni Viegi (Palermo, Italy)  
Adriano Vaghi (Garbagnate Mil.se - MI, Italy)  
Johan Christian Virchow (Rostock, Germany)  
Jawisha Wedzicha (London, United Kingdom)

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## Advanced program

### 3<sup>RD</sup> MARCH 2017

- 13.30 - 13.35** Introduction • C. F. Donner
- 13.35 - 13.45** Welcome address • S. Gasparini
- 13.45 - 14.15** Introductory Lecture: Epidemiology of obstructive lung disease and adherence to treatment in asthma and COPD in Italy  
G. Viegi
- 14.15 - 16.45** Session 1: State of the art and open problems in asthma  
Chairmen: M. Cazzola, J. C. Virchow
- Analysys of currently available inhalation drugs and personalised treatment in asthma • P. L. Paggiaro  
Cost/benefit evaluation of different treatment approaches • G. Colombo  
Importance of inhaler devices in patient management • A. Spanevello  
Adherence to treatment: myth and reality • G. U. Di Maria  
Toward a definition of the pillars of a correct therapeutic strategy • R. Torchio
- 16.45 - 17.15** Lecture: Does Homeopathic medicine have a preventive effect on respiratory tract infections? A real life observational study  
G.M. Beghi
- 17.15 - 17.45** Coffee Break
- 17.45 - 18.30** Meet the Expert seminar  
Chairman and introduction: F. Lavorini  
Clinical and device preference comparisons of new versus old fixed-dose combination inhalers • D. Price
- 18.30 - 19.30** Interactive Round Table. Which treatment for which patient: a logical and balanced approach  
Chairmen: P. L. Paggiaro, A. Rossi  
Participants: All the presents  
Facilitators: S. Amaducci, C. Gulotta

### 4<sup>TH</sup> MARCH 2017

- 08.30 - 10.30** Session 2: State of the art and open problems in COPD, part 1  
Chairmen: B. Celli, S. Gasparini
- 08.30 - 09.00 Analysys of currently available inhalation drugs • W. Wedzicha  
09.00 - 09.30 Cost/benefit evaluation of different treatment approaches according to COPD major phenotypes • M. Pistolesi  
09.30 - 10.00 Importance of inhaler devices in patient management • F. Lavorini  
10.00 - 10.30 Influence of comorbidities on adherence to treatment • E. Wouters
- 10.30 - 11.00** Coffee Break
- 11.00 - 12.30** Session 2: State of the art and open problems in COPD, part 2  
Chairmen: B. Celli, S. Gasparini
- 11.00 - 11.30 Evolution of COPD management in international documents • A. Rossi  
11.30 - 12.00 Adherence to treatment: myth and reality • M. Cazzola  
12.00 - 12.30 Toward a definition of the pillars of a correct therapeutic strategy • B. Celli
- 12.30 - 14.00** Meet the Expert lunch seminar  
Chairman and introduction: G. U. Di Maria  
ICS / LABA combination in asthma/COPD: do the specific components matter? • J. C. Virchow
- 14.00 - 15.30** Interactive Round Table. Which treatment for which patient: a logical and balanced approach  
Chairmen: N. Ambrosino, A. Vaghi  
Participants: All the presents  
Facilitators: M. Carone, C. Gulotta
- 15.30 - 17.15** Workshop  
Chairmen: N. Crimi, F. Pasqua  
Facilitators: S. Amaducci, N. Scichilone
- 17.15 - 17.30** Conclusions and take home messages • N. Crimi, C. F. Donner

### Continuing Medical Education (CME)

The Course is accredited to provide Continuing Medical Education (CME) for Italian physicians.

**Event ID: 179519 • Participants: 100 • Credit: 13 • Educational Objective 2: Guidelines, Protocols, Procedures**

**Title/Position: Surgeon • Disciplines: Respiratory diseases, Allergology and Immunology, Anesthesiology, Cardiology, Geriatrics, General Practitioner, Internal Medicine, Pulmonology, Radiology, Rehabilitation, Rheumatology, Thoracic Surgery**

**Congress venue: Hotel Hilton Giardini Naxos** Viale Jannuzzo, 47 - Giardini Naxos (ME)

#### How to reach Hotel Hilton Giardini Naxos and main distances

**By car** – Autostrada Catania Messina A18 uscita Taormina - Giardini Naxos - Recanati direction  
**By plain** - The nearest airport is Aeroporto di Catania: 50 Km

#### Registration fee € 800,00 + VAT

Registration fee includes: Attendance at the Conference; Conference Kit (final scientific program, badge, attendance certificate); lunch and coffee breaks; CME Credits.

How to apply: Download, fill the application form available on the website <http://eventi.sintexservizi.it/> and return to either [beatrice.rolla@sintexservizi.it](mailto:beatrice.rolla@sintexservizi.it) or via fax +39 02 66703640

Payments should be issued by bank transfer to the following account:  
Sintex Servizi s.r.l. Banca Intesa Sanpaolo IBAN: IT52 P030 6909 5151 0000 0009 885  
BIC: BCITITMM - Filiale 01894 - Milano - piazza de Angeli 2  
On the payment object, please specify the name and date of the congress.

Deadline to register: February 15, 2017